Parenting and Marriage Resources

Spiritual Parenting...An Awakening for Today's Families. Michelle Anthony. God wants kids' hearts shaped in vibrant faith and love for Him and others. 10 Home Environments are described for helping parents work alongside the Holy Spirit in true life transformation for their children.

Love & Respect: The Love She Most Desires; The Respect He Desperately Needs.

Emerson Eggerichs. Based upon Ephesians 5:33 and extensive biblical and psychological research, Dr. Emerson Eggerichs reveals the power of unconditional love and unconditional respect and how husbands and wives can reap the benefits of living in the marriage relationship God intended.

Shepherding a Child's Heart. Tedd Tripp. Parents learn how to use disciplining times with their children as opportunities to teach them about their hearts, sin, obedience, and gospel hope. Clear, biblical communication builds a strong bond of trust and love between parents and kids. Then, parents can point their children's hearts toward the cross and the forgiveness of Jesus as the only hope against their sinful heart condition. Includes training procedures and methods for each stage of childhood.

Boys Should Be Boys Meg Meeker, M.D. Written by one of our most trusted authorities, this book helps parents restore the delights of boyhood and enable today's boys to become the mature, confident, and thoughtful men of tomorrow. Boys will always be boys—rambunctious, adventurous, and curious, climbing trees, building forts, playing tackle football, and pushing their growing bodies to the limit as part of the rite of passage into manhood. But today our sons face an increasingly hostile world that doesn't value the high-spirited, magical nature of boys.

Quite a few dads spend time with their kids. However, many have no clue what their kids really *need*. Enter author Jay Payleitner, veteran dad of five, who's also struggled with how to build up his children's lives. The book combines straightforward features with step-up-to-the-mark challenges. Refreshingly...NO exhaustive (and exhausting) lists of "things you should". NO criticism of dads for being men and acting like men. Dads will feel respected and empowered, and gain confidence to initiate activities that build lifelong positives into their kids.

God's Girl

Raising God's Girl; Empowering Parents to Raise Daughters with Conviction,

<u>Confidence and Courage.</u> Rich Graham, Mary Lou Graham. Biblical parenting is actively and intentionally raising *God's* girl in *His* way, with *His* power and for *His* purposes. Using many examples from their own family experiences, Rich and Mary Lou Graham offer advice for raising daughters with conviction, confidence, and courage.

52 Things Kids Need from a Mom. Angela Thomas. This author brings her trademark storytelling and biblical teaching to encourage moms who, in the daily whir of busyness, long to connect with their kids in new ways. With compassion and creativity, Angela presents 52 inspirations to help moms experience intentional mothering, intentional living, and intentional joy.

Parenting with Love & Logic Foster Cline MD and Jim Fay. This book shows you how to raise self-confident, motivated children who are ready for the real world. Learn how to parent effectively while teaching your children responsibility and growing their character. Establish healthy control through easy-to-implement steps without anger, threats, nagging, or power struggles.



Upside-Down Parenting... Thirty-One Daring Devotions for Entrusting Your Child and

Yourself to God. Lisa Bergren . It's our instinct as parents to shield our children from harm. But our true responsibility is to raise children equipped to live well for God even in the midst of struggle. By turning our prayers "upside down," we not only learn to release our children to the care of God alone, we also uncover how our *own* desires need to be submitted to God's will.

The Single Mom and Her Rollercoaster Emotions. Pam Kanaly. Single moms face ups and downs, and this personal testimony offers advice on how to navigate the emotional roller coaster. After highlighting and defining nine specific negative emotions that often overwhelm single parents, Pam Kanaly explains how to transform these common characteristics into corresponding positive traits. Founded on love and biblical teaching, these words of wisdom and compassion will offer hope and consolation to struggling moms.

Creative Correction. Lisa Whelchel. Book offers creative solutions for parents who are out of ideas and desperate for new, proven approaches to discipline including advice on topics such as sibling conflict and lying. A handy reference guide that provides ideas for specific situations rounds out this resource that will be a blessing to parents and their children.

How to Talk So Kids Will Listen & Listen So Kids Will Talk Adele Faber and Elaine Mazlish. While this is not a Christian book, this bestselling classic includes fresh insights and suggestions as well as the author's time-tested methods to solve common problems and build foundations for lasting relationships, including innovative ways to cope with your child's negative feelings, express your own strong feelings without being hurtful, engage your child's willing cooperation, set firm limits, understand the difference between helpful and unhelpful praise, promote self-discipline and resolve family conflicts peacefully.

"How We Love Our Kids". Milan & Kay Yerkovich. Offers unique approach to help parents transform their parenting and child's life by making specific changes in how they love.

SIMPLE

HEALTHY SLEEP — HABITS, HAPPY CHILD

parenting

Simple Truths... a Simple, Natural Approach to Discussing Sex with Your Children.

Mary Flo Ridley. This discussion booklet walks parents step-by-step through the process of establishing healthy values at home, and answers tough questions that young children have about sex. We live in a sex-saturated society, full of provocative images and false sex messages. You can't fully shield your children from them but you can prepare and safeguard them. You have a precious limited window of opportunity to shape their view and family sexual values. How do you start?

Healthy Sleep Habits, Happy Child. Marc Weissblugh, M.D. Rest is vital to your child's health, growth, and development. This book outlines proven, practical strategies that promote good, healthy sleep for every age and advice to overcome obstacles and negative habits.

Parenting With Scripture. Kara Durbin. Easy-to-use topical resource to help you train your children in how to think and apply God's Word in the day-to-day. Includes 101 alphabetically-arranged, two-page topics which address behavior, attitude, emotions, and actions. Examples include forgiveness, humility, anger, and procrastination.

Screamfree Parenting (10th edition). Hal Edwards Runkel. Are you seeking to raise respectful kids who are responsible for their own actions? Then, learn how to pause, so you can respond more and react less. Once you learn to control your own emotions and behavior, your children will soon learn how to control theirs. Also includes advice for parenting in the digital age, and a comprehensive Q&A section dealing with everything from behavioral problems to allowances and chores.

God Made All of Me... A Book to Help Children Protect Their Bodies. Lindsey

Holcomb and Trish Mahoney. This much needed book starts from the fundamental truth that God created everything and applies that truth to kids and their bodies. It equips parents to talk with both boys and girls about their bodies and to help them understand the difference between the appropriate and inappropriate touch of others. *God Made All of Me* allows families to build a first line of defense against sexual abuse.

In My Father's House Corrie ten Boom. How do parents raise their children to live their life with courage in the face of extreme adversity? Corrie ten Boom and her family were actively involved in saving the lives of many Jews during World War II (as told in the book, The Hiding Place). In My Father's House tells of the prewar years and the story of the ten Boom family with ordinary parents determined to raise their children in the ways of the Lord. What habits did they establish? How did they deal with the everyday life times of sadness and trouble? What was the atmosphere of their home? The book describes Corrie's parents' devotion to God and the years of preparation for the Lord's mission for all of their family.

Kids will love this creative book involving 4 animals (an otter, beaver, golden retriever and lion) who teach different personality traits and how to respect and appreciate each person for who they are. This book also helps parents identify their own child's personality and why they do the things they do.